

Centre Opening Hours: 10am - 4pm

Monday

Yoga

11 AM - 12 PM (Over 50's)



Bingo with Michael

12:30 PM - 1:30 PM

Seated Exercise

2 PM - 2.50 PM (Over 50's)

Tuesday

Move & Stretch

10 AM - 12 PM (Womens only)
Fitness ,Coffee and Chat

Shared Reading Group with Dorothy



1:30 PM - 3 PM

ELOP LGBT+ Group

4 PM - 8 PM

Wednesday

Upcycling

10 AM - 12 PM
(Over 50's)

IT and Tech Support Drop-in - with ELBA

12 -2 PM

Painting with Husna

2 - 4 PM - (Over 50's)

Play Session - Christchurch Primary School

3:30- 5:30PM

Thursday

English National Ballet Term time-only

10:30 AM - 11:30 AM
(Over 50's)

Community Art Group

11:30 AM - 2 PM

Community Saunas- Hackney

12-1:30pm
To book please call 07943 277 512

English Conversation Club

2-4 PM
To book please call 07943 277 512

Children's Art Club - Community Centre

4 - 5:30 PM

Friday

Drop-In & Games

10:30AM - 12:30PM
Fortnightly

Songbirds

10:30 AM - 12:30 PM
Fortnightly (Over 50's)



Film Club

2-4 PM

 Over 50s Only  18+  Families & children

For more information please contact us or scan the QR code:



0794 3277 512 or 0203 856 9721



Linkageplus@toynbeehall.org.uk



The Community Centre, Toynbee Hall,
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