

Centre Opening Hours: 10am - 4pm

### Monday

<b>Yoga</b> 11 AM - 12 PM (Over 50's)


<b>Bingo with Michael</b> 12:30 PM - 1:30 PM
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<b>Seated Exercise</b> 2 PM - 2.50 PM (Over 50's)
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### Tuesday

<b>Seated Exercise 2</b> 11:30 AM - 12:20 PM (Over 50's)
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<b>Shared Reading Group with Dorothy</b> 1:30 PM - 3 PM
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<b>ELOP LGBT+ Group</b> 4 PM - 8 PM
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### Wednesday

<b>Upcycling</b> 10 AM - 12 PM (Over 50's)
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<b>IT and Tech Support Drop-in - with ELBA</b> 12 -2 PM
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<b>Painting with Husna</b> 2 - 4 PM - (Over 50's)
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<b>Play Session - Christchurch Primary School</b> 3:30- 5:30PM
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### Thursday

<b>English National Ballet Term time-only</b> 10:30 AM - 11:30 AM (Over 50's)
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<b>Community Art Group</b> 11:30 AM - 2 PM
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<b>English Conversation Club</b> 2-4 PM To book please call 07943 277 512
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<b>Children's Art Club - Community Centre</b> 4 - 5:30 PM
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### Friday

<b>Drop-In &amp; Games</b> 10:30AM - 12:30PM Fortnightly
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<b>Songbirds</b> 10:30 AM - 12:30 PM Fortnightly (Over 50's)
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<b>Film Club</b> 2-4 PM
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 Over 50s Only

 18+

 Families & children

For more information please contact us or scan the QR code:



0794 3277 512 or 0203 856 9721



Linkageplus@toynbeehall.org.uk



The Community Centre, Toynbee Hall,  
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