

Monday

Yoga

11 AM - 12 PM



Bingo with Michael

12:30 PM - 1:30 PM



Tuesday

Freestyle Dance

10:15 AM - 11:15 AM

Seated Exercise

11:30 AM - 12:10 PM

Shared Reading Group with Dorothy

1:30 PM - 3 PM

ELOP LGBT+ Group

4 PM - 8 PM

Wednesday

Sewing with Kayleigh

10 AM - 12 PM

IT and Tech Support Drop-in

12:15 PM - 1:45 PM

Painting with Husna

2 PM - 4 PM

Play Session - Christchurch Primary School

3:30 PM - 6 PM

Thursday

English National Ballet

10:15 AM - 11:15 AM

Community Art Group

11:30 AM - 2 PM

Social Drop-In

2 PM - 4 PM

Food Bank Mallon Gardens

5 PM - 6 PM

Friday

Songbirds

10.30 AM-12.30 PM (fortnightly)






Information, Advice and Guidance Drop-in session

12 PM - 2 PM

Film Club

3 PM - 6 PM

Key

-  Over 50's Activity
-  Children's Activity
-  Community Activity - all ages welcome

For more information please contact us or scan the QR code:

 0203 856 9721 or 07943 277512

 Linkageplus@toynbeehall.org.uk

 The Community Centre, Toynbee Hall,
28 Commercial Street, London, E1 6LS

